

Diabetes Thanet Community Self-Care Support Group

Date: Thursday 7th October 2021 5pm

Venue: Virtual.

AGENDA

- a. Welcome and Introduction to newcomers **Brian**
- b. Notes and actions from previous meeting **John**
- c. Understanding Diabetes It's Not Your Fault: Part 2
The Advice is Wrong **Jeremy**
- d. Group discussion **All**
- e. An invitation for members to share their lockdown
diabetes experience
- f. A to Z about food. The Health Benefits for
Diabetics. **Bradley.**
- g. The Annual Diabetic Review **Brian**
- h. Group suggestions - Future topics. Website case
stories **All**
- i. Collaboration with GP Surgeries Social Prescribers. **All**
- j. Future meetings and our group publicity. **All**
- k. Diabetes Eye Screening -New Venue for Testing.
- l. AOB